

# CheckToP test kit

CheckToP is a urine test kit you can use at home to check if a pregnancy has ended after an early medical abortion.

- The test checks your urine (pee) for a hormone called hCG.
- Your body makes hCG when you're pregnant.
- The amount of hCG in your body decreases when you're not pregnant anymore.

*Note: hCG = human chorionic gonadotropin*



## When to do the CheckToP test

In an early medical abortion, you're given two medicines to end a pregnancy – **mifepristone** and **misoprostol**.



3 to 4 weeks after taking these medicines, the CheckToP test is used to confirm the pregnancy has ended.

## Timing is important

- **Don't test too early** (before 21 days). Your hCG levels could still be high.
- **Don't test too late** (after 28 days). You'll delay extra care and support if the medicine hasn't worked.

## Record your dates

1 Date I took mifepristone: \_\_\_\_\_

2 Date I took misoprostol: \_\_\_\_\_

Do the CheckToP test 21 to 28 days after taking these medicines.

3 Date to do the CheckToP test: \_\_\_\_\_



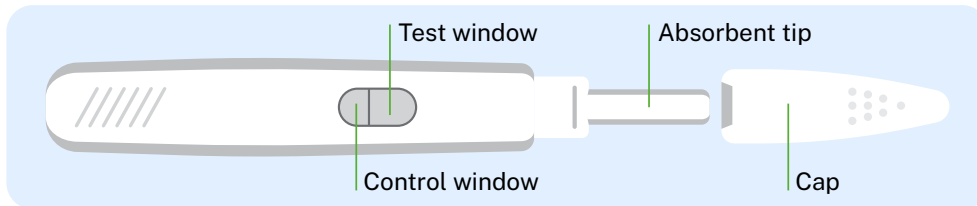
Note: Do the test in the morning when your pee is more concentrated (stronger)

When done correctly, the CheckToP test is very reliable (99%).



## How to do the test

1. Take the cap off the stick.



2. Pee on the absorbent tip for 5 to 10 seconds, **OR** pee in a clean, dry container and dip the tip in for 5 to 10 seconds.

3. It's important you don't get any pee on the windows – this could affect the result.

4. Put the cap back on and lay the stick on a dry flat surface with the windows facing up.

5. Wait between 5 to 10 minutes to read the test results.

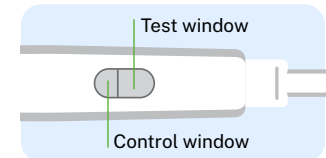


Important: Do not read the result before 5 minutes or after 10 minutes – It may affect the results.

## Reading your results

Note: The CheckToP test stick has 2 windows:

- a test window (larger window)
- a control window (smaller window).



You see a pink line in the control (smaller) window



The treatment worked



You're not pregnant

You see a pink line in both windows



You may still be pregnant



No pink lines appear



**OR**

You see a pink line in the test (larger) window



The test didn't work



**Contact your healthcare provider**

### Signs and symptoms you might still be pregnant:

- little or no bleeding after taking misoprostol
- nausea (feeling sick)
- sore breasts
- tummy is growing
- it's been 4 to 6 weeks and you haven't had a period.

For more information about the CheckToP test, visit [healthify.nz/checktop](https://healthify.nz/checktop)